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FILED IN THE
U.S. DISTRICT COURT
EASTERN DISTRICT OF WASHINGTON

Oct 30, 2024

SEAN F. McAVOY, CLERK

UNITED STATES DISTRICT COURT
EASTERN DISTRICT OF WASHINGTON

DESSIRAE R.,¹

No. 2:24-cv-172-EFS

Plaintiff,

v.

**ORDER AFFIRMING THE ALJ'S
DENIAL OF BENEFITS**

MARTIN O'MALLEY, Commissioner of
Social Security,

Defendant.

Plaintiff Dessirae R. asks the Court to reverse the Administrative Law Judge's (ALJ) denial of Title 16 benefits. Plaintiff claims she is unable to work due to physical and mental impairments. Although Plaintiff's impairments limit her physically and mentally, the ALJ's nondisability finding is explained and supported by substantial evidence. For the reasons that follow, the ALJ's decision is affirmed.

I. Background

On April 23, 2018, at the age of 38, Plaintiff applied for benefits under Title

¹ For privacy reasons, Plaintiff is referred to by first name and last initial or as "Plaintiff." See LCivR 5.2(c).

1 16.² Plaintiff previously worked, including as a hairstylist, administrative clerk,
2 cashier, fountain server, and barista/coffee maker.³ She claims that her anxiety
3 and other mental impairments, along with her physical pain and limitations
4 related to her fibromyalgia, low back, and lower extremities, combined with her
5 obesity and hypertension, prevent her from being able to work fulltime.

6 The agency disagreed that she was disabled and denied benefits.⁴ Upon
7 Plaintiff's request, a hearing was held in February 2020 before ALJ Laura Valente,
8 who took testimony from Plaintiff and a vocational expert.⁵ Plaintiff testified that
9 she lost her most recent job as a hair stylist because of a verbal altercation with a
10 co-worker due to Plaintiff's anxiety.⁶ She believed that since she stopped working
11 her mental-health symptoms, namely her racing thoughts, panic attacks, and
12 anxiety, had worsened. She testified that her medications helped lessen her
13 mental-health symptoms and pain but not to an extent that allowed her to work
14 full-time.⁷ She stated that her pain caused nausea and vomiting, which limited her

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17 ² AR 239–47.

18 ³ AR 1354.

19 ⁴ AR 172–75, 179–85.

20 ⁵ AR 77–115.

21 ⁶ AR 82, 105–06.

22 ⁷ AR 87–88, 93–94.

1 ability to play with her granddaughter and impacted her sleep.⁸ She received
2 benefits through the State, which allowed about 69 hours a month of in-home care
3 to help her with getting in and out of the shower and with household tasks.⁹ She
4 shared that she cannot stay in any position too long due to her pain and that her
5 pain causes her to become distracted and lose focus.¹⁰

6 A month later, ALJ Valente issued a decision denying benefits.¹¹ The
7 Appeals Council denied review; and Plaintiff filed an appeal in district court.¹² On
8 review, the district judge remanded the matter for additional proceedings.¹³

9 A second hearing was held before ALJ Valente in January 2024, during
10 which Plaintiff and a vocational expert testified.¹⁴ Plaintiff testified that her low-
11 back pain had increased since the last hearing and that a new MRI of her lumbar
12 would be scheduled after she participated in the insurance-required physical

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14 ⁸ AR 89–90, 99–100.

15 ⁹ AR 91–92.

16 ¹⁰ AR 100–03.

17 ¹¹ AR 12–29.

18 ¹² AR 1–8.

19 ¹³ AR 1364–80 (E.D. Wash. No. 2:20-cv-386-SMJ). The district judge required the
20 Commissioner to reevaluate Plaintiff's symptom reports, Dr. Metoyer's opinion,
21 and step five.

22 ¹⁴ AR 1382–1414.

1 therapy.¹⁵ She stated that her back pain lessened sometimes for a month or two
2 but then it returned for several months.¹⁶ She shared that low-back injections did
3 not offer relief to an extent that she could engage in more activities of daily
4 living.¹⁷ Plaintiff testified that she lived with her partner, her adult daughter, and
5 her 11-year-old granddaughter.¹⁸ She testified that she tried not to be home alone
6 because she was a fall risk, caused in part by the stabbing-type pain in her left
7 leg.¹⁹ She stated that she typically had a cane available, which she used a few
8 times a week since her knee surgery in June 2021.²⁰ Although her left-knee
9 surgery initially lessened her pain, she stated that her left knee started bothering
10 her again about 3–6 months prior to the hearing with pain, soreness, and
11 swelling.²¹ She did not usually drive because her pain caused her legs to jerk.²² She
12 testified that she rotated between sitting and standing because, if she sits down too
13 long, she experiences low-back pain and, if she stands too long, she gets low-back

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15¹⁵ AR 1388.

16¹⁶ AR 1388–89.

17¹⁷ AR 1391.

18¹⁸ AR 1393.

19¹⁹ AR 1394.

20²⁰ AR 1394-95, 2604.

21²¹ AR 1401-02.

22²² AR 1395–96.

pain and/or jerking sensations and pain in her legs.²³ She had a care provider, who is her partner, who does the grocery shopping.²⁴ She indicated that she had a hard time focusing.²⁵ She shared that, although she had been in mental-health counseling for years, she was not currently in counseling because her counselor had left the clinic and she was “trying to work myself up to going back.”²⁶ She testified that she took medication for her anxiety and depression, along with Suboxone.²⁷ She shared that she could say inappropriate, offensive things when she feels like she is being emotionally attacked.²⁸ She stated that she had trouble sleeping for longer than five hours due to pain, and so she was tired during the day.²⁹

The ALJ again denied benefits, finding:

- Step one: Plaintiff had not engaged in substantial gainful activity since April 23, 2018, the application date.
- Step two: Plaintiff had the following medically determinable severe impairments: degenerative disc disease of the lumbar spine with

23 AR 1402.

24 AR 1397.

25 AR 1400.

26 AR 1404.

27 AR 1404.

28 AR 1405.

29 AR 1406

1 peripheral neuropathy, degenerative joint disease of the hips,
2 degenerative joint disease of the knees status post left knee
3 replacement, obesity, fibromyalgia, hypertension, substance use
4 disorder, anxiety disorder, and post-traumatic stress disorder (PTSD).

- 5 • Step three: Plaintiff did not have an impairment or combination of
6 impairments that met or medically equaled the severity of one of the
7 listed impairments.
- 8 • RFC: Plaintiff had the RFC to perform modified light work:

9 the claimant can stand and walk for a total of two hours in
10 an eight-hour workday; can sit for one hour at a time after
11 which she needs to change position for a few minutes but
12 can continue working while in the changed position and
13 then sit for another hour, and can sit in this manner for six
14 hours total in an eight-hour workday; occasionally climb
15 ramps, stairs, ladders, ropes, and scaffolds; occasionally
16 stoop, kneel, crouch, and crawl; frequently balance;
17 frequently push and pull with the bilateral lower
extremities; and must avoid concentrated exposure to
wetness, vibrations, and hazards. The claimant is limited to
simple routine tasks in two-hour increments; can work in
the same room with coworkers but with no coordination of
work activity; can work superficially and occasionally with
the general public; and can adapt to simple workplace
changes.

- 18 • Step four: Plaintiff was unable to perform past relevant work.
- 19 • Step five: considering Plaintiff's RFC, age, education, and work
20 history, Plaintiff could perform work that existed in significant

1 numbers in the national economy, such as router, marker, and marker
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II.³⁰

3 The ALJ found Plaintiff's alleged symptoms were "not entirely consistent" with the
4 medical evidence and other evidence.³¹ The ALJ considered the lay statements
5 from Plaintiff's daughter, sister, and friend.³² As to the medical opinions, the ALJ
6 found:

- 7 • The reviewing opinions of Carol Moore, PhD, and Matthew Comrie,
8 PsyD, persuasive, except for the limitation that Plaintiff was limited
9 to one-to-three step tasks, which the ALJ found not persuasive.
- 10 • The consultative opinion of Patrick Metoyer, PhD, not entirely
11 persuasive.
- 12 • The reviewing opinions of Dennis Koukol, MD, and Merry Alto, MD,
13 persuasive.

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³⁰ AR 1331–62. Per 20 C.F.R. § 416.920(a)–(g), a five-step evaluation determines
18 whether a claimant is disabled.

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³¹ AR 1342. As recommended by the Ninth Circuit in *Smartt v. Kijakazi*, the ALJ
should consider replacing the phrase "not entirely consistent" with "inconsistent."
53 F.4th 489, 499, n.2 (9th Cir. 2022).

³² AR 1354.

- The examining opinion of Dr. Massoud persuasive, except for his opinion that Plaintiff would do best at a desk job, which the ALJ found not entirely supported or consistent with the record.³³

Plaintiff timely requested review of the ALJ's decision by the Court.

II. Standard of Review

The ALJ's decision is reversed "only if it is not supported by substantial evidence or is based on legal error" and such error impacted the nondisability determination.³⁴ Substantial evidence is "more than a mere scintilla but less than a preponderance; it is such relevant evidence as a reasonable mind might accept as adequate to support a conclusion."³⁵

33 AR 1352-54.

³⁴ *Hill v. Astrue*, 698 F.3d 1153, 1158 (9th Cir. 2012). See 42 U.S.C. § 405(g); *Molina v. Astrue*, 674 F.3d 1104, 1115 (9th Cir. 2012)), superseded on other grounds by 20 C.F.R. § 416.920(a) (recognizing that the court may not reverse an ALJ decision due to a harmless error—one that “is inconsequential to the ultimate nondisability determination”).

³⁵ *Hill*, 698 F.3d at 1159 (quoting *Sandgathe v. Chater*, 108 F.3d 978, 980 (9th Cir. 1997)). See also *Lingenfelter v. Astrue*, 504 F.3d 1028, 1035 (9th Cir. 2007) (The court “must consider the entire record as a whole, weighing both the evidence that supports and the evidence that detracts from the Commissioner’s conclusion,” not simply the evidence cited by the ALJ or the parties.) (cleaned up); *Black v. Apfel*,

III. Analysis

Plaintiff argues the ALJ erred by improperly rejecting Plaintiff's symptom testimony and by not adopting Dr. Metoyer's opined non-exertional limitations. In response, the Commissioner contends there was no error—the ALJ's findings were reasonable and supported by substantial evidence. As is explained below, Plaintiff fails to establish consequential error.

A. Symptom Reports: Plaintiff fails to establish consequential error.

Plaintiff argues the ALJ failed to provide valid reasons for discounting her physical and mental symptom reports. As is discussed below, the ALJ's reasons for discounting Plaintiff's symptom reports are clear and convincing reasons supported by substantial evidence.

1. Standard

The ALJ must identify what symptom complaints are being discounted and clearly and convincingly explain the rationale for discounting the symptom complaints with supporting citation to evidence.³⁶ This requires the ALJ to “show his [or her] work” and provide a “rationale . . . clear enough that it has the power to convince” the reviewing court.³⁷ Factors the ALJ may consider when evaluating the

143 F.3d 383, 386 (8th Cir. 1998) (“An ALJ’s failure to cite specific evidence does not indicate that such evidence was not considered[.]”).

³⁶ *Smartt v. Kijakazi*, 53 F.4th 489, 499 (9th Cir. 2022).

37 *Id.*

1 intensity, persistence, and limiting effects of a claimant's symptoms include: 1)
2 objective medical evidence, 2) daily activities; 3) the location, duration, frequency,
3 and intensity of pain or other symptoms; 4) factors that precipitate and aggravate
4 the symptoms; 5) the type, dosage, effectiveness, and side effects of any medication
5 the claimant takes or has taken to alleviate pain or other symptoms; 6) treatment,
6 other than medication, the claimant receives or has received for relief of pain or
7 other symptoms; and 7) any non-treatment measures the claimant uses or has used
8 to relieve pain or other symptoms.³⁸

9 2. Plaintiff's Symptom Testimony

10 As mentioned above, Plaintiff testified at both of the administrative hearings
11 about her physical and mental symptoms. She discussed that physically she is
12 tired; has pain in her legs and low back and thus has difficulty sitting and standing
13 for periods of time and so she must rotate between sitting and standing; has fallen
14 due to her leg pain; experiences diffuse pain, nausea, and bruising due to
15 fibromyalgia; and has difficulty getting in and out of the shower. As to her mental
16 symptoms, she alleges difficulties concentrating and staying focused, as well as
17 difficulties being around non-family members due to anxiety, irritability, racing
18 thoughts, and panic attacks. She stated that she does not drive herself unless

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³⁸ 20 C.F.R. § 416.929(c)(2), (3). *See also* 3 Soc. Sec. Law & Prac. § 36:26,
22 Consideration of objective medical evidence (2019).

1 necessary due to jerking sensations in her legs and fatigue. She stated that she
2 uses a cane a few times a week, as necessary.

3 3. ALJ's Reasons and Analysis

4 The ALJ found Plaintiff's statements concerning the intensity, persistence,
5 and limiting effects of her impairments were "not entirely consistent with the
6 medical evidence and other evidence in the record," specifically "relatively modest
7 objective findings that do not support greater limitations and are not entirely
8 consistent with the extent of symptoms and limitations alleged," that the record
9 was inconsistent with Plaintiff's allegation that she uses a cane frequently, that
10 Plaintiff's mental-health impairments improved with treatment and the overall
11 modest mental status examination findings were not entirely consistent with, nor
12 supported, the extent of alleged symptoms and limitations alleged; and that
13 Plaintiff's reported activities to care providers suggested greater functioning than
14 as testified to by Plaintiff.³⁹ The Court addresses each reason in turn.

15 a. Objective Physical Findings

16 Objective medical evidence—signs, laboratory findings, or both—is a
17 relevant factor for the ALJ to consider when assessing a claimant's symptoms.⁴⁰ An
18 ALJ may consider discrepancies between a claimant's reported symptoms and the
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20 ³⁹ AR 1342–51.

21 ⁴⁰ 20 C.F.R. § 416.902(k), (l); 3 Soc. Sec. Law & Prac. § 36:26, Consideration of
22 objective medical evidence (2019).

1 observations of treatment providers.⁴¹ While an ALJ may not “reject a claimant’s
2 subjective complaints based *solely* on lack of medical evidence to *fully corroborate*
3 the alleged severity of pain,” the ALJ may discount subjective complaints that are
4 *inconsistent* with the objective medical evidence, so long as the ALJ explains why
5 the objective medical findings are inconsistent with the claimant’s complaints.⁴²

6 Plaintiff argues the ALJ, after identifying several physical conditions, failed
7 to discount any specific symptom testimony, including that she is a “fall risk,” that
8 she must change positions due to her pain, and that she must stop and rest during
9 activities. The Court disagrees. The ALJ meaningfully summarized and discussed
10 significant portions of the treatment record over the longitudinal period. When
11 doing so, the ALJ highlighted that, notwithstanding the imaging revealing lumbar,
12 hip, and knee impairments, Plaintiff generally presented with normal gait,
13 strength, and sensation in her lower extremities, particularly after her knee
14 surgery in March 2021. Although her gait was sometimes impacted both before and
15 immediately after her knee surgery, Plaintiff was observed with a normal gait four
16 months after surgery with excellent range of motion.⁴³ This is consistent with the
17 comprehensive physical examinations of record showing that Plaintiff presented

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⁴¹ See *Smolen v. Chater*, 80 F.3d 1273, 1284 (9th Cir. 1996).

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21⁴² *Smartt*, 53 F.4th at 498 (quoting *Burch v. Barnhart*, 400 F.3d 676, 680 (9th Cir.
22 2005) (emphasis added in *Smartt*)).

23⁴³ AR 2589, 3798–800.

1 with full lower extremity strength, negative straight leg raising, normal gait, and
2 ability to change position without assistance.⁴⁴

3 In her Reply, Plaintiff acknowledges that surgery improved her knee
4 symptoms for a period of time, but she argues that the ALJ failed to explain how
5 the improved knee symptoms reduced her lumbar, hip, and fibromyalgia
6 symptoms. The Court disagrees; the ALJ adequately discussed why the objective
7 medical findings and Plaintiff's reports of improvement with medication were
8 inconsistent with and did not support Plaintiff's more disabling complaints. For
9 instance, the ALJ discussed that, notwithstanding the imaging showing significant
10 degenerative disc height loss and right lateral spondylolistheses and tenderness to
11 palpation in the left paraspinal and some tingling down her leg and in her foot, the
12 physical exam findings were largely normal. Plaintiff had a negative straight leg
13 raise and was able to change positions, rise onto the balls of her feet and rock back
14 on her heels, complete a squat and return to standing, and walk with a steady and

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17⁴⁴ See also AR 519–21 (Aug. 2018: normal, steady gait with ability to sit and rise to
18 standing position without assistance, and intact lower extremity muscle strength
19 with negative bilateral straight leg raising tests); AR 3665 (Dec. 2021: steady non-
20 antalgic gait, along with ability to squat and return to standing without difficulty);
21 AR 4125–26 (Dec. 2023: “can stand and walk and move about the room without loss
22 of balance or abnormal gait. She has no obvious antalgia.”).
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1 non-antalgic gait.⁴⁵ In addition, the ALJ discussed that, even though the MRI of
2 the lumbar spine showed multilevel degenerative disc disease with associated
3 posterior disc bulges/osteophytes resulting in mild to moderate spinal stenosis at
4 multiple levels with associated encroachment on many lateral recesses and
5 probable impingement at lumbar nerve roots, an August 2022 physical
6 examination again showed full motor strength throughout the bilateral lower
7 extremities, full range of motion of the lumbar spine, and normal muscle build and
8 tone in the bilateral upper and lower extremities.⁴⁶ The ALJ also highlighted that,
9 during Plaintiff's routine chronic-pain and opiate-dependence appointments,
10 Plaintiff generally presented with normal gait and no gross motor, cognitive, or
11 sensory defects.⁴⁷ The ALJ discussed that during an orthopedic assessment in
12 December 2023, Plaintiff could stand, walk, and move about the room without loss
13 of balance or abnormal gait, rose on her toes and stood on her heels, performed a
14 partial squat and recovered with equal leg strength, had 5/5 strength against
15 resistance in both lower extremities, and had free, unrestricted range of hips and
16 lower extremities in a seated position, notwithstanding some mild lumbar

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⁴⁵ AR 1345–46 (citing AR 3660–66).

19 ⁴⁶ AR 1356, 2579, 3595–99. The ALJ mistakenly cited to Dr. Demirjian's evaluation
20 as being in August 2023; the evaluation occurred in August 2022. This error is not
21 consequential.

22 ⁴⁷ AR 1347.
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1 tenderness.⁴⁸ On this record, the ALJ reasonably found that the longitudinal
2 medical record was inconsistent with Plaintiff's reported extreme limitations when
3 standing, walking, and sitting, and also that the medical records did not support
4 greater limitations than those assessed for light work with reduced standing and
5 walking, positional changes, and limited postural activities.

6 ***b. Inconsistencies about reported use of a cane***

7 The ALJ found the inconsistencies in the record as to whether Plaintiff did
8 or did not frequently use a cane or other assistive device detracted from the
9 reliability of Plaintiff's allegations about her difficulties walking.⁴⁹ An ALJ may
10 consider whether a claimant offers conflicting symptom reports or statements that
11 indicate a lack of candor.⁵⁰ Here, the ALJ highlighted that, in contrast to Plaintiff's
12 testimony that she uses a cane frequently, there were few medical records that
13 indicated she was observed using a cane or with an abnormal gait, and there was
14 no evidence that a provider determined that an assistive device was medically
15 necessary, other than when recovering from knee surgery. It was reasonable for the
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17 ⁴⁸ AR 1347 (citing AR 4125–26).

18 ⁴⁹ AR 1348.

19 ⁵⁰ 20 C.F.R. § 416.929(c)(4). See *Smolen*, 80 F.3d at 1284 (The ALJ may consider
20 “ordinary techniques of credibility evaluation,” such as reputation for lying, prior
21 inconsistent statements concerning symptoms, and other testimony that “appears
22 less than candid.”).

1 ALJ to review the medical records for notations as to whether Plaintiff presented to
2 appointments with a cane or was observed with an impaired gait. Because medical
3 providers did not report observing Plaintiff's use of a cane or other assistive device
4 (other than immediately after her knee surgery), but instead typically noted a
5 normal gait and full leg strength (other than leading up to and immediately after
6 the knee surgery), substantial evidence supports the ALJ's finding.⁵¹

7 In her Reply, Plaintiff says the lack of observation/notation by treating
8 providers about the use of a cane is consistent, rather than inconsistent, with her
9 statement that she uses a cane a few days a week. However, given the significant
10 number of medical records over the relevant longitudinal period and the dearth of
11 observed use of a cane (or other assistance device), other than immediately after
12 her knee surgery, along with the typically noted normal gait and full leg strength,
13 the ALJ's finding that “[t]his inconsistency tends to detract from the reliability of
14 the claimant's allegations” is supported by substantial evidence.⁵²

15 c. Mental-Health Symptoms

16 As mentioned above, the ALJ is to consider whether reported symptoms are
17 consistent with and supported by the medical evidence.⁵³ Likewise, a claimant's
18 improvement with treatment is “an important indicator of the intensity and

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21⁵¹ See, e.g., AR 1303,1906, 2429, 2444, 2490, 2499, 2507.

22⁵² See *Smart*, 53 F.4th at 498–99.

23⁵³ 20 C.F.R. § 416.902(k), (l).

1 persistence of . . . symptoms.”⁵⁴ However, reports of improvement “must be
2 interpreted with an understanding of the patient’s overall well-being and the
3 nature of her symptoms,” as well as with an awareness that “improved functioning
4 while being treated and while limiting environmental stressors does not always
5 mean that a claimant can function effectively in a workplace.”⁵⁵

6 Plaintiff argues the ALJ failed to give reasons for rejecting Plaintiff’s
7 testimony that she has difficulty focusing due to her racing thoughts, anxiety, and
8 pain and that she must take frequent naps throughout the day due to problems
9 sleeping. But the ALJ did not fully discount Plaintiff’s reported non-exertional
10 difficulties. Instead, the ALJ agreed that these mental impairments and her pain
11 limited Plaintiff and so the ALJ restricted her to modified light work, simple
12 routine tasks with no coordination of work activities with coworkers and only
13 superficial and occasional contact with the general public and simple workplace
14 changes. In reaching this finding, the ALJ fairly considered the longitudinal
15 medical record, highlighting both medical records indicating normal mental-health
16 observations and findings, those records indicating reported improvement, and
17 those records indicating that Plaintiff was observed to be depressed, anxious,

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⁵⁴ *Id.* § 416.929(c)(3). See *Warre v. Comm’r of Soc. Sec. Admin.*, 439 F.3d 1001, 1006
20 (9th Cir. 2006) (“Impairments that can be controlled effectively with medication are
21 not disabling for the purpose of determining eligibility for SSI benefits.”).

22 ⁵⁵ *Garrison v. Colvin*, 759 F.3d 995, 1017 (9th Cir. 2014) (cleaned up).
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1 tearful, and/or irritable.⁵⁶ The ALJ reasonably interpreted the longitudinal record
2 as showing that Plaintiff's mental-health symptoms were modest overall and that
3 Plaintiff reported improvement. For instance, although Plaintiff was noted as being
4 depressed or anxious, particularly during the initial months of the global pandemic
5 in 2020, providers only rarely noted difficulty concentrating.⁵⁷ Moreover, Plaintiff
6 did not show any deficiencies in focus, conversing, speaking, or memory during her
7 consultative evaluation with Dr. Metoyer.⁵⁸ In addition, although some treatment
8 providers noted that Plaintiff reported difficulties with sleeping or tiredness, no
9 provider noted that she appeared tired, although she did appear disheveled on two
10 occasions.⁵⁹ On this record, the ALJ reasonably considered the discrepancies
11 between Plaintiff's reported symptoms and the observations of the treatment
12 providers, and then reasonably found that Plaintiff's reported disabling mental-
13 health symptoms were inconsistent with the modest observations of her treatment
14 providers and were not supported by the mental-health findings of record.⁶⁰
15 Substantial evidence supports the ALJ's finding.

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18 ⁵⁶ AR 1339–40, 1349–51.

19 ⁵⁷ Compare AR 1922, 1938 with AR 1928, 1946, 1950, 1954, 1958, 1979.

20 ⁵⁸ AR 527–28.

21 ⁵⁹ AR 623, 1129.

22 ⁶⁰ See *Smolen*, 80 F.3d at 1284.

1 d. *Reported activities*

2 Lastly, the ALJ found that activities referenced in the medical records were
 3 not consistent with Plaintiff's reported difficulties with transportation, physical
 4 mobility, going out alone, being in public spaces, or sleep. An ALJ may discount a
 5 claimant's testimony about her symptoms if she engaged in activities inconsistent
 6 with the reported disabling symptoms or if the claimant's testimony is inconsistent
 7 with her prior statements.⁶¹ However, the ALJ should not penalize the claimant for
 8 attempting to engage in normal life activities.⁶² "The Social Security Act does not
 9 require that claimants be utterly incapacitated to be eligible for benefits, and many
 10 home activities may not be easily transferable to a work environment where it
 11 might be impossible to rest periodically or take medication."⁶³

12 Plaintiff argues the ALJ failed to identify activities that were inconsistent
 13 with her reports of heightened anxiety when going out in public, as the ALJ's
 14 reliance on Plaintiff accompanying her mother to doctor's appointments and going

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 16⁶¹ 20 C.F.R. § 416.929(c)(4); *Molina*, 674 F.3d at 1113; *Smolen*, 80 F.3d at 1284.

17⁶² *Garrison*, 759 F.3d at 1016; *Vertigan v. Halter*, 260 F.3d 1044, 1050 (9th Cir.
 18 2001) (The Ninth Circuit has "repeatedly asserted that the mere fact that a
 19 plaintiff has carried on certain daily activities, such as grocery shopping, driving a
 20 car, or limited walking for exercise, does not in any way detract from her credibility
 21 as to her overall disability.").

22⁶³ *Smolen*, 80 F.3d at 1287 n.7.

1 to casinos in the early morning hours are not activities that conflict with her
2 reported anxiety symptoms. Plaintiff highlights that she receives caregiver-service
3 benefits from the State for help “dispersing [her] medication, bills, organization in
4 the home, cleaning, [and] a lot of help in the restroom.”⁶⁴ Plaintiff also points out
5 that she did not testify that she never drove but instead that she avoids solo car
6 trips due to pain in her legs and because she has fallen asleep in the car before.⁶⁵
7 Finally, Plaintiff highlights that the prior district court order found that the ALJ’s
8 reliance on Plaintiff’s ability to attend church and Bible study did not demonstrate
9 any inconsistency with Plaintiff’s symptom reports, particularly as Plaintiff
10 reported having a mental episode after taking a trip to California to visit her
11 brother and when traveling to Mexico to have a surgery.

12 On reevaluation, the ALJ fairly considered Plaintiff’s reported activities to
13 treating providers and compared those to her reported symptoms, and then
14 provided a rationale clear enough to convince the Court that Plaintiff’s symptom
15 testimony about her physical and mental limitations is not consistent with her
16 activities reported to treating providers, particularly when the reported activities
17 are considered along with the objective medical findings. The ALJ considered that
18 Plaintiff took her mother to her appointments, raised her grandchild, took trips to
19 visit family, attended a concert, and visited casinos, and she did these things

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⁶⁴ AR 92.

22 ⁶⁵ AR 1395–96, 1406.
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1 without reporting to treating providers that such activities caused significant non-
2 exertional difficulties. While Plaintiff's activities in isolation may not serve as
3 substantial evidence to support the ALJ's conclusion, when viewed cumulatively,
4 the ALJ reasonably found that Plaintiff's activities revealed greater functioning
5 than she alleged as to travel, going out to public places, physical activity, and the
6 need to nap.⁶⁶ For instance, although Plaintiff visited the casino in the early
7 morning hours—hours during which Plaintiff submits there are less people at the
8 casino, Plaintiff drove by herself to the casino.⁶⁷ Moreover, she attended a concert
9 in a large city more than four hours away from her hometown without reporting
10 any difficulties with either the travel or being in close proximity to strangers at the
11 concert; instead following up the Portland concert six weeks later with a trip to
12 Seattle, which is about three hours away from her hometown.⁶⁸ Thus, substantial
13 evidence supports the ALJ's conclusion that Plaintiff reported activities to her
14 providers that "suggest greater functioning than alleged."⁶⁹

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16⁶⁶ See AR 1548, 1558, 1567, 1911, 1108. See also AR 1639 (visiting Los Angeles to
17 experience Super Bowl hype).

18⁶⁷ AR 2042–43, 2048.

19⁶⁸ AR 1548–58. Compare AR 1263, 1267, 1108 (discussing that she will be on
20 vacation in California for 10 days and then mentioning that she had an episode
21 while in California because she felt both happy and mad for going to a fair).

22⁶⁹ AR 1351.

1 4. No Error

2 In summary, Plaintiff fails to establish the ALJ erred by discounting her
3 symptom reports.

4 **B. Medical Opinions: Plaintiff fails to establish consequential error.**

5 Plaintiff argues the ALJ failed to fully incorporate Dr. Metoyer's opined
6 limitations into the RFC. In response, the Commissioner highlights that the ALJ
7 did adopt Dr. Metoyer's social-interaction and simple work limitations and argues
8 that the ALJ otherwise reasonably found that Dr. Metoyer's attendance and work-
9 completion limitations were either vague or not supported by or inconsistent with
10 the medical record.

11 1. Standard⁷⁰

12 The ALJ must consider and articulate how persuasive she found each
13 medical opinion and prior administrative medical finding, including whether the
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15 ⁷⁰ In Plaintiff's opening brief, she argues that the ALJ "did not provide specific and
16 legitimate reasons" for not fully crediting Dr. Metoyer's opined limitations. As the
17 Commissioner points out in his brief, "specific and legitimate" is no longer the
18 standard. Instead, the ALJ must consider and articulate why she did or did not
19 find the medical opinion consistent with and/or supported by the record and her
20 findings must be supported by substantial evidence. In her Reply, Plaintiff agrees
21 that substantial evidence is the applicable standard, considering the factors set
22 forth 20 C.F.R. § 416.920c(c)(1)–(5).

1 medical opinion or finding was consistent with and supported by the record.⁷¹ The
2 factors for evaluating the persuasiveness of a medical opinion include, but are not
3 limited to, supportability, consistency, relationship with the claimant, and
4 specialization.⁷² Supportability and consistency are the most important factors.⁷³
5 The ALJ may, but is not required to, explain how the other listed factors were
6 considered.⁷⁴ When considering the ALJ's findings, the Court is constrained to the
7 reasons and supporting explanation offered by the ALJ.⁷⁵

8 2. Dr. Metoyer

9 Dr. Metoyer conducted a mental examination of Plaintiff in August 2018.⁷⁶
10 He collected historical information during his interview of Plaintiff and reviewed
11 an April 24, 2018 medical record. This reviewed medical record states:

12 Dessirae was dressed appropriately for weather, she has many tattoos
13 and some piercings. She appeared clean and groomed. Eye contact
14 was good and she spoke in an even voice. She was engaged in the
15 intake process. Thought process, memory and cognitive function
16 appeared intact. There was no report of hallucinations, delusions or
17 paranoid thinking. Self esteem issues were present. Mood was
18 depressed, worried and frustrated over the relationship and choices

17 ⁷¹ 20 C.F.R. § 416.920c(a)–(c); *Woods v. Kijakazi*, 32 F.4th 785, 792 (9th Cir. 2022).

18 ⁷² 20 C.F.R. § 416.920c(c)(1)–(5).

19 ⁷³ *Id.* § 416.920c(b)(2).

20 ⁷⁴ *Id.*

21 ⁷⁵ See *Burrell v. Colvin*, 775 F.3d 1133, 1138 (9th Cir. 2014).

22 ⁷⁶ AR 525–29.

1 her daughter is making. Concentration and focus were seen as fair.
2 She reports no cognitive delays or head trauma.⁷⁷

3 Plaintiff told Dr. Metoyer that she has some difficulty with personal care and
4 hygiene, she self isolates, she does not attend social events, she has some difficulty
5 concentrating, and her mood was “irritable, moody, down, depressed.”⁷⁸

6 Dr. Metoyer noted that Plaintiff’s affect was congruent with her stated mood and
7 that she was appropriately dressed, cooperative, and engaged with non-pressured
8 speech, goal-directed thought process, full orientation, normal recent and remote
9 memory, and adequate fund of knowledge and abstract thinking, and had no
10 difficulty following the conversation or following a three-step command and
11 performing serial sevens. Dr. Metoyer opined:

12 Her ability to interact with co-workers and the public is likely
13 moderately impaired. Due to anxiety, PTSD, OCD, mood symptoms,
14 tendency to isolate herself from others, her ability to maintain regular
15 attendance in the workplace is moderately impaired. Her ability to
16 complete a normal work day or work week without interruption from
17 anxiety, PTSD, OCD, mood symptoms is likely moderately impaired.
18 Her ability to deal with the usual stress encountered in the workplace
19 is markedly impaired if it involves persistent activity, complex task,
20 task pressure, interacting with other individuals.⁷⁹

21 ⁷⁷ AR 442 (April 24, 2018 Grant Integrated Services mental-health intake).

22 ⁷⁸ AR 527.

23 ⁷⁹ AR 529.

1 The ALJ found that Dr. Metoyer's opinion was "not entirely persuasive for
2 several reasons."⁸⁰ First, the ALJ found that Dr. Metoyer's "largely unremarkable
3 findings on the mental status exam, including intact memory, attention,
4 concentration, and pace" did not support greater limitations than the RFC. Second,
5 the ALJ found that Plaintiff's presentation during the examination did not support
6 social-interaction limitations more restrictive than the RFC. Third, Dr. Metoyer's
7 opinion that Plaintiff's ability to complete a normal workday/workweek was "likely
8 moderately impaired" was equivocal and vague, not supported by evidence other
9 than Plaintiff's subjective report, and was not entirely consistent with the records
10 revealing that Plaintiff interacts with family and attends medical appointments
11 independently without significant anxiety.⁸¹ Fourth, the ALJ found that
12 Dr. Metoyer's opinion that Plaintiff would have marked limitations dealing with
13 usual workplace stress in the identified circumstances was not explained or
14 supported; therefore, the ALJ crafted an RFC that restricted Plaintiff to simple,
15 routine tasks and simple workplace changes with limited public and coworker
16 interaction.

17 Plaintiff argues that by discounting Dr. Metoyer's opined limitations, the
18 ALJ improperly second-guessed the doctor's interpretation of his own mental-
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21 ⁸⁰ AR 1353.
22 ⁸¹ AR 1353.
23

1 status findings. The Court disagrees: the ALJ's analysis was thorough and
2 supported by substantial evidence.

3 As an initial matter, as mentioned above, the ALJ did incorporate
4 Dr. Metoyer's opinions that Plaintiff be limited to simple, routine tasks and simple
5 workplace changes, as well as no coordination of work activity with coworkers and
6 only superficial and occasional interaction with the general public. Therefore,
7 Plaintiff's challenge here is focused on the ALJ's decision not to incorporate
8 Dr. Metoyer's attendance and workday-completion limitations into the RFC.

9 First, the ALJ's finding that Dr. Metoyer's opinion that Plaintiff's "ability to
10 complete a workday/workweek was 'likely moderately impaired' . . . [was] equivocal
11 and vague" is reasonable and supported by substantial evidence.⁸² While a medical
12 source's use of "likely" to modify his opinion may not always equate to a vague and
13 equivocal opinion, here, the use of the modifier, along with Dr. Metoyer's fairly
14 normal mental-health observations, supports the ALJ's finding that this
15 workday/workweek-completion limitation was equivocal and vague.

16 In addition, as the ALJ noted, Dr. Metoyer observed intact memory,
17 attention, concentration, and pace, notwithstanding the reported depressed and
18

19 ⁸² See *Meanel v. Apfel*, 172 F.3d 1111, 1113–14 (9th Cir. 1999) (determining the
20 opinion that the claimant would have "some" diminution in her concentration was
21 conclusory and was not supported); *Johnson v. Shalala*, 60 F.3d 1428, 1432–33 (9th
22 Cir. 1995) (determining the doctor's conclusory opinion was not substantiated).

1 irritable mood and observed congruent affect. The ALJ reasonably considered these
2 observations, along with the longitudinal record, which indicated that Plaintiff was
3 able to interact with family, including in large venue settings, and attend medical
4 appointments without her anxiety and depression impacting her ability to
5 productively interact with others. The ALJ appropriately considered that Plaintiff's
6 anxiety and depression were often impacted by family stressors, when discussing
7 past traumas, and during the initial months of Covid pandemic when her daughter
8 and granddaughter were home more.⁸³ It is the ALJ's responsibility to consider and
9 evaluate both the normal and abnormal mental-health symptoms and assess
10 whether a medical opinion is consistent with and supported by the longitudinal
11 medical record. While a different conclusion could be reached on this record, it is
12 not the duty of the Court to reweigh the evidence, but instead to determine
13 whether substantial evidence supports the ALJ's decision. Here, substantial
14 evidence supports the ALJ's finding that Dr. Metoyer's attendance and work-
15 completion limitations were unsupported and inconsistent with the record. Plaintiff
16 fails to establish that reevaluation of Dr. Metoyer's opinion is appropriate.

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18

19 ⁸³ See, e.g., AR 653, 665, 673, 692, 1922. See also AR 1338 (noting
20 medication helps her focus and be productive); AR 3704 (reporting increased focus
21 and ability to stay on task with medication); AR 3689 (reporting she has difficulty
22 focusing and concentrating when she does not take her medication)).

1 C. Step Five: Plaintiff fails to establish error.

2 Plaintiff argues the ALJ failed to properly include all of her limitations into
3 the RFC and the hypothetical presented to the vocational expert. However, this
4 argument depends on her contentions that the ALJ erred in evaluating her
5 symptom reports and Dr. Metoyer's medical opinion. Because there was no error,
6 this final argument necessarily fails.

7 **IV. Conclusion**

8 Plaintiff fails to establish that the ALJ consequentially erred. The ALJ's
9 nondisability findings are explained and supported by substantial evidence.
10 Accordingly, **IT IS HEREBY ORDERED:**

11 1. The ALJ's nondisability decision is **AFFIRMED**.
12 2. The Clerk's Office shall **TERM** the parties' briefs, **ECF Nos. 8 and**
13 **12**, enter **JUDGMENT** in favor of the **Commissioner**, and **CLOSE**
14 the case.

15 **IT IS SO ORDERED.** The Clerk's Office is directed to file this order and
16 provide copies to all counsel.

17 DATED this 30th day of October 2024.

18 
19

20 EDWARD F. SHEA
21 Senior United States District Judge
22
23